

# Progress Report

Autumn 2010



Registered Charity Number: 1123062  
Registered Company Number: 06341098

## Lizard Outreach Trust

### Recent Events

- Eden Project Fun Run
- Manaccan Village Sports Fun Day
- Saturday Club
- BF Adventure
- Primary school clubs
- City and sea Reunion Lunch
- Young Ambassadors
- Fuze- Dance and Drama Workshops
- Young People's 'Take Part Event'
- Rank Networking Conference
- GAP Student
- Goonhilly Open Day
- Student Support

### Saturday Club

Due to a lack of suitable facilities within the local villages, we have not been able to start the youth club again this Autumn. However, the young people were still keen to have something available for them and so we have begun a Saturday club. We take young people out of the Lizard on different experiences around Cornwall.



We first started with something a little energetic, the Eden Project Fun Run. We started with a training session the week before, which really didn't seem very hopeful as we were all a little more unfit than we had expected. But the day arrived and all

those taking part completed the course, taking in the Mediterranean and Tropical biomes of the Eden



Project; it was a really great day and we even got some great goody bags.



Some of the young people from the group had expressed an interest last term about animal care and following a career path into the subject. I worked with a couple of them on some ideas and we found they wanted to volunteer for a sanctuary and get some hands on experi-

ence, unfortunately they are currently too young to gain a volunteer placement so instead we set up a visit with an animal care centre to learn about what they do and how they care for the animals, if this goes well, we may look to visit other centres and facilities to gain a greater awareness and understanding of the different jobs available. The young people enjoyed the day, in particular playing with the kittens; and the Ice cream treat on the way home.



Some weeks the trips are age specific, we are running a trip to Plymouth Ice Skating in December for yr10-11, other weeks the trips are open to any age. We recently went to see a film at the cinema which was great fun.

## BF Adventure

On a chilly, drizzly Saturday in November we took 11 young people to BF Adventure, an outdoor centre near Falmouth.

Our first task on arriving was to make our way across a large lake using tyres and three planks, which was great fun, and very wet some of the tyres were actually underwater!

Although, this wasn't as wet as we would get later in the day.

Next up was an assault course around the lake and then climbing and abseiling the cliffs in the quarry. This was quite scary and for those who

are not keen on heights, it was tough, but every person had a go and did very well.

ment when they completed their challenge.



The last activity of the day was open canoeing on the quarry lake. We set the canoes into two teams with two canoes each strapped together. We practiced our strokes and tried to work as a team to build up speed and technique. Nevertheless, it soon turned into a huge water fight, with the teams chasing each other ending up with every person drenched through every layer of clothing.

## Manaccan Sports Fun Day

During the half term holidays in October we ran a Sports Fun Day in one of the local villages; Manaccan.

This was a challenging day as the weather was against us with driving rain all



morning, but we kept our fingers crossed and the sun peeked out from the clouds.

Thankfully the young people didn't seem to mind and all joined in slipping and sliding around in the mud. The day was open to young people from the village, many of whom are still in the primary



school, as we wanted to involve the whole community the younger children were helped by older befrienders from Mullion school who live in the area. We played

Lacrosse, Handball, Tag, but the favourite was Dodge ball.



## Transition work with the Primary Schools & Young Volunteer

I am continuing the work with year six pupils, we have done in the primary schools around the peninsula, of which there are nine. So far we have had some great fun running Lacrosse classes, clay modelling, French and football. These sessions have been good fun and we will be keeping in touch with the primaries throughout the year as they prepare to

move up to the comprehensive school.

The football sessions have been run by a young volunteer Jowan, who originally came as a volunteer with me in Tag rugby and then came as a participant on City & Sea exchange. Jowan has since qualified as a level one coach through Cornwall FA with the help of funding through

Volunteer Cornwall and is now running his own sessions and hoping to expand into some other schools and also the possibility of paid coaching work.

It has been a delight to see Jowan progress and grow into the young leader he is, even though he may not recognise it himself.

## City and Sea Reunion & Young Ambassadors

As part of our evaluation process into the city and sea exchange and also to increase the work we are involved in with the young people who attend the exchange we set up a reunion lunch in Falmouth. The aim was to catch up with one another since the summer as well as to explore how they felt the exchange had impacted their lives since

they'd had a chance to reflect. It was interesting to learn some of the points of the group; one girl said "the exchange made me get up and actually try to better my life, I have a job now and I wouldn't have bothered before going on the trip. But seeing people from the city who are getting on with improving their lives made me want to improve mine"

Many of the young people expressed an interest in volunteering and making a difference in their community. We are hoping to nominate some of these young people as our first ambassadors to work with us over the coming years to increase LOT's work in each of their communities and villages and collectively throughout the peninsula

## Goonhilly Open Day and Volunteers

REG Windpower recently opened the new Goonhilly Greenpower Project on the peninsula, comprising of a wind farm and information centre.

As a part of their Open Day, they selected a local charity to support and showcase, donating all their proceeds from the day; Lizard Outreach Trust was their chosen charity.

We were given a stand at the day and I produced slideshows and displays for the event which would inform people of our history, past events, recent activity along with future activities they can be involved in and also volunteering opportunities available, which is something I have taken on board as our volunteer coordinator is no longer with us..

This day was achieved due to the support of some of our valued volunteers, who gave a great deal of time to make the day a success. It was also a first taste experience for our future youth ambassadors.





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We're on the web!

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Lizard Outreach Trust works in partnership with others to enhance the

SELF-ESTEEM,

ACHIEVEMENT &

EMPLOYABILITY

Of young people who live on or have a

connection with the Lizard Peninsula.

Through the support of Joseph Rank Trust and Rank Foundation we are able to provide exciting learning opportunities.

## GAP Student

Thanks to the support of The Rank Foundation we now have a GAP student to help us with our work in the community.

Lawrence Archer was first known to us as a participant on City & Sea exchange. Since joining us in September he has been involved in every area of the charity, including a good deal of face to face youth work, planning and administration which is challenging and also attended our recent AGM, he is gaining a real insight into the work we do and learning new skills everyday. As his line manager I am also learning a great deal everyday! Read more about GAP placements on our website.

## Take Part Event

'In November we took young people to 'take over' the council chambers. To encourage citizenship and involve young people in the politics of their community; young people were invited to present to the council in the chambers about issues which affect them and request the councilors to respond and make suggestions for improvements and future plans. There were presentations from youth parliament, young carers and various schools from the whole of Cornwall.

## Fuze & Student support

After a successful term last year we have secured funding for the following year to continue with the dance and drama classes in Mullion school. On 7th December there was a Fuze Tour, taking the showcase to local primary schools throughout the day. In the New year we will be setting up a club alongside where students can get involved in making the costumes and make up for the shows. I have been supporting GCSE textile students and carried out a consultation in which they expressed an interest to learn more skills.

## Rank Foundation Conference

In September I attended the Rank Foundation Conference, during which all projects supported by and involved with Rank and Joseph Rank Trust, spend two days sharing our experiences and best practice and exploring the dilemmas facing young people and the organisations which are intended to serve them. It was a great time to meet others in the field of youth work and was an invaluable experience to have access to so much knowledge and I was able to network with projects UK wide.